

Cain and Able

Opening Prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Dear God, teach us how to live in peace. Teach us how to love our neighbor. Teach us how to obey You and forgive others.

In Jesus' name. Amen.

Memory Work

Bible Verse:

Then the LORD asked Cain, "If you do well, won't you be accepted?" (*Genesis 4:7*)

Catechism: The Fifth Commandment

You shall not murder.

Focus: Life is a precious and eternal gift which should not be taken thoughtlessly. Although governments are given the authority to take life it is never given to the individual. Murder is a serious sin, but even this sin can be forgiven. However, in everything we do there are good and bad choices. In this lesson we learn not only about sin, but also consequences for sin even if we are forgiven.

Lesson:

Genesis 4:1-16

Adam and Eve had a baby and his name was Cain. Eve said, “This is the man God promised.” Then Adam and Eve had another baby and named him Able. Cain grew up and became a farmer; he grew crops. Able grew up and became a shepherd; he raised sheep.



One day both Cain and Able went to worship God. When they worshiped God back then they had to bring a sacrifice; something to offer to God to say thank you. Cain brought some of his crops, Able brought the best animal he could find.



When God saw their sacrifices He rejected Cain’s sacrifice because Cain’s heart was greedy and he did not give God the best he had. God accepted Able’s sacrifice because Able gave God his very best. That made Cain embarrassed and very angry.

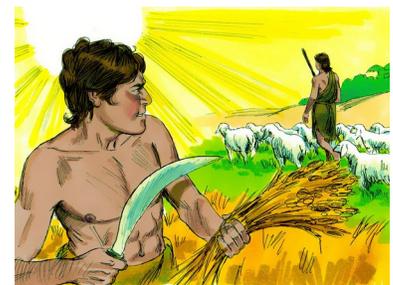


God spoke to Cain and said, “Why are you angry. If you do the right thing you know you will be accepted. If you do the wrong thing sin is waiting to get you. You must not let sin trick you into doing the wrong thing.



Cain knew God was right, but that made him even more angry. He got so mad he couldn’t think.

Later Cain saw Able out in the field, so he went to talk to him, but Cain was still very mad,



so when he walked up to Able he killed him.



That was a very bad thing to do. Cain went back to work. He thought he could pretend he had done nothing wrong, but God knew what he had done. So God went to Cain and said, “Where is your brother Able?”

Cain said, “It’s not my job to take care of him.”

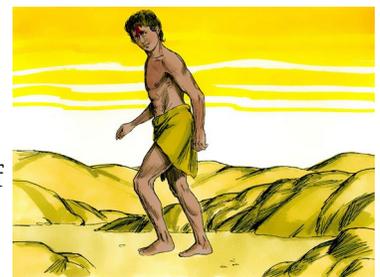
Then God said, “What have you done?! I see your dead brother laying in the field. Because you did this, and then lied to Me you are going to be punished. When you try to grow crops they will not grow, and no one will want to live near you.”



Cain was sorry that he had become so angry. Cain said, “God this punishment to too much for me. I can’t grow any food, and everybody else wants to kill me for what I did.”



Because Cain was sorry God told everyone that they should not hurt Cain, but Able was still dead, and that made everyone sad and they did not want to live near Cain. So Cain went to live with his family alone in the Land of Wandering.”



Review:

1. Who was the first son of Adam and Eve? Cain
2. What did Eve say about this child? He is the man promised by God (but he wasn't)
3. What is the name of the next son we're told about? Able
4. What did the first son bring as an offering? Plants / Crops
5. What did the second son bring as an offering? The best animal he had
6. What did the first son do to the second son? Killed him
Why? He was angry because God didn't like his offering.
7. What did God ask the first son? What did you do?
8. What two things did God do to the first son? Made the crops not grow for him.
Made him live alone.
9. What did the first son say about his punishment? It was too much for him.
10. Where did the first son go to live? Nod. / The Land of Wandering.

Closing Prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Dear God, Lord of the universe. You know that we are sinful; sinful even before we were born. Forgive us when we sin. Teach us that we are loved by You. Teach us, also, to love as You have loved us.

Teach us to help people around us who are in need. Teach us to be what You want us to be: good Christians living in the faith that You give us.

In Jesus' name. Amen.