

## Lesson 17 - The 3<sup>rd</sup> Commandment

**Remember the Sabbath day by keeping it holy.**

*What does this mean?*

We should fear and love God so that we do not despise preaching and His Word, but hold it sacred and gladly hear and learn it.

Where in the Bible does it give this commandment? [Exodus 20:8-11](#) and [Leviticus 23:3](#)

Where does the idea for a seven day week come from?  
Why not ten days, or five days, or twenty days?

Genesis 2:1-3 \_\_\_\_\_

So how long was this commandment in existence  
before God gave the Ten Commandments to  
Moses? \_\_\_\_\_

What does the word 'Sabbath' mean: \_\_\_\_\_

In the Old Testament you would be punished for working on the Sabbath Day or seventh day.  
Are people still punished for working on the Sabbath Day?

\_\_\_\_\_

Is it wrong to work on the Sabbath Day? \_\_\_\_\_

If you have to choose between your job, or living on the streets, which should you choose?

So what is God commanding us to do here?

God forbids us to use the Word of God, and the Sacraments, negligently or carelessly, nor should we despise them.

What does that mean?

John 8:47 \_\_\_\_\_

Luke 10:14-16 \_\_\_\_\_

God calls us to hold the preaching of God's Word, and the reading of God's Word, as sacred.

What does that mean?

1 Thessalonians 2:13 \_\_\_\_\_

God calls us to gladly hear, learn, and meditate on God's Word. What does that mean?

Joshua 1:8 \_\_\_\_\_

Luke 11:28 \_\_\_\_\_

Colossians 3:16 \_\_\_\_\_

So now that we've learned all of that, should stores, banks and gas stations be open on Sunday?

Why?

Are they sinning if they stay open?

Under the Old Testament:

Under the New Testament:

Why did God give a day of rest?

Is there any work that can be done on the Sabbath Day?

What about pastors?

Jesus said something very interesting about the Sabbath Day. What did He say?

See Mark 2:27

What do you think that means?

What purpose does the Sabbath Day serve?

What do you think about Jesus' actions in Luke 13:10-17?

Did Jesus break this commandment?

What can you do on the Sabbath?

What should you do on the Sabbath?

What do you think most people believe about this commandment?

What are some ways you relax, recharge and refresh?

When these things become more important than the hearing and teaching of God's Word what commandment are we breaking?

*(See also: Luke 10:38-42)*

Look at Small Catechism p. 74-75, Questions 48-49.

How did God provide physical rest?

How did God provide spiritual rest?

List some ways that this commandment is a blessing to people who obey it.

Discuss Small Catechism p. 75-76, Question 50.

How do we despise God's Word?

How do we fear and love God's Word?

Small Catechism p. 77, Question 51 explores the differences in Sabbath between the Old and New Testaments.

For example: Why did we change from the seventh day Saturday, to the first day Sunday?

Look at each of these verses: John 20:1,19,26

Acts 2:1

(Remember 'Pentecost' means 50<sup>th</sup> day after Passover Saturday  
meaning: Sunday)

Some will say, "I don't need to go to church. I can read the Bible and pray on my own."

What's wrong with that statement?

*(See Small Catechism: p.78, Question 52)*